# Framingham Heart Study

Original Cohort Exam 22

# 12/06/1990-04/25/1994 N=1166

#### Exam Form Version

01-08-92 Numerical Data, Procedures Sheet, Cognitive Function (I-II), CES-D Scale, Activities of Daily Living, Functional

Performance Test, Activities Questions (A-E)

Arthritis History (A-C) & Osteoarthritis

09-30-92 Medical History, Cancer Site or Type,

Physical Exam, *Electrocardiograph (I-II)*, Clinical *Diagnostic Impression (I-III)*,

& Second Examiner Opinions in Interim

No Version Number: Lab Data

# Notes on Framingham Heart Study Main Exam Data Collection Forms

Multiple versions of each exam form were used at the time of data collection. However, only one version of each exam form has been provided in the samples below. The other versions, which can be found in the participants' charts, have the same variables as the sample exam forms, but may be placed in a different format.

On some of the sample exam forms, the same variable may be found on two different data sheets. An example of this would be variable "FA159" on original cohort exam 8, which is "Signs of CVA: Aphasia." This variable appears both in the physical examination and Exam VIII Code Sheet Card No. 4. The reason for the reappearance of variables is that one data sheet was used for collection of the data, while the other was used to enter the data into the computer. Variables appearing more than once on an exam form should hold the same value in both places for that particular participant.

		Num	ericai Dau	eross runs exad	nurse
	NURSE 1) 0 3 1  FORM NUME	מכדו	99031 <del>5903</del> 1	MODERA EXILA	
fo 001 1	_  SEX OF PATIENT	(1=Male, 2=Female)	4 %		
6000 I	_ _  AGE OF PATIE				
f6Φ03  _	_   SITE OF EXAM (0 If other inst, write in:_	=Heart Study,1=Nurs		esidence,3=Other Inst)	
€ ¢			•	Skilled care 24hrs, Medicare 8-16 hrs; 4=Self care)	ure;
€ do 5 1_	MARITAL STATUS	S (1=Single, 2=Marrie	ed, 3=Widowe	d, 4=Divorced, 5=Separate	d)
fo \$6 1_	_ _  NURSE EXAMI	NER'S NUMBER			-1
fo \$67  _	_ _ _  WEIGHT (6:	nearest pound)			XXXX
Fo \$68 1_		T (inches, to next low	er 1/4 inch)		XX
fo d		es below with 9's if unl	known)	mar (	
_  -		SKINFOLD TRICE	PS (millimete	rs)	
Strange - some		SKINFOLD SUBSC	CAPULAR (1	millimeters)	
	fo \$13	KINFOLD ABDON		eters)	_1 _
@ \$141	BI-	DELTOID GIRTH		t lower1/4 inch) defaul	× 9900 @
POPIZHI-	_ _ * _   RIC	SHT ARM GIRTH-		IRD (inches, to next lower	1/4 inch)
to \$16fr  _	_ _ * _  WA	IST GIRTH (inches	, to next lower	1/4 inch)	
fo \$17 ft_	_ _ *   HII	GIRTH (inches, to	next lower 1/4		
60 \$ 18 F/	_ _ *   TH	IGH GIRTH (inches			
Go \$1989	_ _ * _  KNE	E HEIGHT (centime	eters)	ensymptomera citi. A sk. majeljik kizani sine i k. c. c. e e	
sx loops	STOLIC DIASTOLIC	_ _ _  a <i>1</i>	NURSE'S	S BLOOD PRESSURE	ļ
	12				

#### FRAMINGHAM COHORT EXAM 22 PROCEDURES SHEET

fo daa	ECG DONE (0=No, 1=Yes, 9=Unknown) (0=No, 1=Yes, 9=Unknown)
£0 \$23	BLOOD (0=No, 1=Yes, 9=Unknown)
fo pay	BODY COMPOSITION (0=No, 1=Yes, 9=Unknown)
fo \$25	_  ORTHOSTATIC BLOOD PRESSURES (0=No, 1=Yes, 9=Unknown)
fo \$26	COGNITIVE FUNCTION EXAM (0=No, 1=Yes, 9=Unknown)
fo øa?	BONE STUDY (0=No, 1=Yes, 9=Unknown)
FU \$28	ARTHRITIS STUDY (0=No, 1=Yes, 9=Unknown)
fo \$29	ECHOCARDIOGRAM AND ECHO DOPPLER (0=No, 1=Yes, 9=Unknown)

table 22060 ex 22 cognitive VERSION 01/08/92 form 22060 Cognitive Function-Part I |0|6|0| FORM NUMBER SCORE CORRECT NO TRY=6 UNKNOWN=9 Write all responses on exam form. fo \$3\$ 0 1 2 3 6 9 WHAT IS THE DATE TODAY? (Month, day, year, correct score=3) fo φ3/ WHAT IS THE SEASON? fo \$32 WHAT DAY OF THE WEEK IS IT? C \$33 WHAT TOWN, COUNTY AND STATE ARE WE IN? fo \$34 WHAT IS THE NAME OF THIS PLACE? (any appropriate my home, street address, heart study ... max. score = 1) WHAT FLOOR OF THE BUILDING ARE WE ON? I AM GOING TO NAME 3 OBJECTS. AFTER I HAVE SAID THEM WANT YOU TO REPEAT THEM BACK TO ME. REMEMBER WHAT THEY ARE BECAUSE I WILL ASK YOU TO NAME THEM AGAIN IN A FEW MINUTES: APPLE, TABLE, PENNY FO \$37 NOW I AM GOING TO SPELL A WORD FORWARD AND I WANT YOU TO SPELL IT BACKWARDS. THE WORD IS WORLD. PLEASE SPELL IT IN REVERSE ORDER. W-O-R-L-D. char ( letters are entered and scored later) 0 1 2 3 6 WHAT ARE THE 3 OBJECTS I ASKED YOU TO to \$38 REMEMBER A FEW MOMENTS AGO?

ID type/ID~ Last Name~, First Name~

**EXAM 22** 

#### Cognitive Function -- Part II

|0|6|1| FORM NUMBER

SCORE CORRECT NO TRY=6 UNKNOWN=9

0	φ3°	7 6	9	WHAT IS THIS CALLED? (WATCH)
C.	1 <b>Д</b> ф4ф			· · · · · · · · · · · · · · · · · · ·
0	1	6	9	WHAT IS THIS CALLED? (PENCIL)
€0 9 0	1	6	9	PLEASE REPEAT THE FOLLOWING: "NO IFS, ANDS, OR BUTS." (Perfect=1)
$\mathcal{Q}_{0}$	642			如此是一种,我们就是一种,我们就是一种的人,我们就是一种的人,我们就是一种的人,我们就是一种的人,我们就是一种的人,我们是一种的人,我们就是一种的人,我们就是一
0	φ42 1	6	9	PLEASE READ THE FOLLOWING & DO WHAT IT SAYS (performed=1, code 6 if low vision)
Co	643			のでは、「ないでは、これでは、これでは、これでは、これでは、これでは、これでは、これでは、これ
0	\$\\ \phi 444	6	9	PLEASE WRITE A SENTENCE (code 6 if low vision)
0	φη/ 1	6	9	PLEASE COPY THIS DRAWING (code 6 if low vision)
$C_{\alpha}$	145			
10	\$45 1 2 3	6	9	TAKE THIS PIECE OF PAPER IN YOUR RIGHT HAND, FOLD IT IN HALF WITH BOTH HANDS, AND PUT IT IN YOUR LAP (score 1 for each correctly performed act, code 6 if low vision)
				機能力が大力である。 - 1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1

# Examiner's Assessment of Subject's Mental Status I = normal,

6 \$46 |\_|\_|

2 = possible dementia,

4 = dementia present,

5 = illiterate / low education,

6 = not fluent in English,

7 = pooreyesight / blind, 8 = poorhearing / deaf,

11 = depression present,

22 = aphasic,

33 = coma,

44 = Parkinsonian features / tremors,

55 = other

99 = unknown

# Sentence and Design Handout for Patient

PLEASE WRITE A SENTENCE				
		. ,	,	ş
		7 2		
	•			

#### PLEASE COPY THIS DESIGN

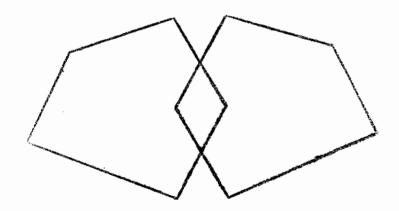


table 22040 ferm

exad\_CESD

EXAM 22 ID type/ID~ Last Name~, First Name~

**CES-D Scale** 

|0|4|0| FORM NUMBER

VERSION 01/08/92

The next few questions are about your feelings during the past week. For each of the following statements, please tell me if you felt that way much of the time <u>during the past week.</u>

CODES: 0 = Rarely or none of the time (less than 1 day)

1=Some or a little of the time (1-2 days)

- 2 = Occasionally or moderate amount of time (3-4 days)
- 3 = Most or all of the time (5-7 days)
- 9 = Unknown

fo 0471_1	I was bothered by things that usually don't bother me.
£0\$48 1_1	I did not feel like eating; my appetite was poor.
fo \$49 1_1	I felt that I could not shake off the blues, even with help from my family and friends.
fo \$50 1_1	I felt that I was just as good as other people.
fo \$51 1_1	I had trouble keeping my mind on what I was doing.
to 02 1-1	I felt depressed.
fo \$53 1_1	I felt that everything I did was an effort.
G \$541_1	I felt hopeful about the future.
FO 055 1_1	I thought my life had been a failure.
FU \$56 1_1	I felt fearful.
F0\$571_1	My sleep was restless.
F0\$81_1	I was happy.
€0 Ø59 I_I	I talked less than usual.
fo \$60 1_1	I felt lonely.
Pu 46/ 1_1	People were unfriendly.
PO \$621_1	I enjoyed life.
fo \$631_1	I had crying spells.
fo 664 1_1	I felt sad.
AD 865 1_1	I felt that people disliked me.
F09661_1	I could not "get going."

form

EXAM 22 ID type/ID~ Last Name~, First Name~

#### **Activitities of Daily Living**

(NURSE 2) VERSION 01/08/92 |0|3|2| FORM NUMBER Activities of Daily Living - Self-Reported Performance "Do you get assistance from another person to do the following activities during a normal day?" Coding: (0=No help needed, independent) (1=Uses device, independent) (2=Human assistance needed, minimally dependent) (3=Dependent) (9=Unknown) GETTING DRESSED AND UNDRESSED EATING FOOD AND DRINKING LIQUIDS USING THE TOILET WALKING ON LEVEL SURFACE ABOUT 50 YARDS (length of Thurber St.) WALKING UP AND DOWN ONE FLIGHT STAIRS (5 steps CARRYING A BUNDLE (carry 10 lb. bundle 10 feet) 60075 | USING A TELEPHONE CONTINENCE (bowel and bladder continence) (Coding: as above but 4 = Uses commercial product to maintain continence, e.g. Depends) Fo \$77 | | TAKES OWN MEDICATIONS (Coding: as above but 8 = takes no meds)

EXAM 22

ID type/ID~ Last Name~, First Name~

(INTERVIEW)

#### **Functional Performance Test**

VERSION 01/08/92

|0|4|1| FORM NUMBER

Coding:

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**AKE** 

**Functional Performance Test** 

(0=No help needed, independent)

(1=Uses device,independent) (2=Human assistance needed, minimally dependent)

(3 = Dependent)

(9=Unknown)

fo \$18 |\_ | DRESSING

fo \$19 |\_ | TRANSFERRING

TTING FO \$8\$ |\_| WALKING (50 FEET IN CORRIDOR)

Fo \$₹/ |\_| CARRYING A 10 POUND BUNDLE

€0 \$82 |\_ | POURING LIQUID FROM A PITCHER INTO A GLASS

fable 22001

EXAM 22	ID type/ID~	Last Name~	,First Name~
		~	

# **Medical History-Hospitalizations**

(SCREEN 1)

VERSION	09/30/92
VEK2ION	09/30/92

--COHORT EXAM 22--

DATE \_\_\_\_

|0|0|1| FORM NUMBER

fo \$83     Sex of Patient (1=Male, 2=Female)	
$f_0 \phi 84  _{2}$  _ _  1st Examiner ID	1st Examiner Name
Co 485   Hospitalization of FR visit in interim	

(0=No; 1=yes, hospitalization)
(2=yes, more than 1 hospital)
(3=Emergency Room visit)
(9=Unknown)

For \$1 Illness with visit to doctor (0=No, 1=Yes,1 visit; 2=Yes,more than 1 visit; 9=Unknown)

 $f_0 \neq 7$  | Check up in interim by doctor (0=No, 1=Yes, 9=Unknown)

Fo  $\phi$  S Date of this FHS exam (Today's date - See above)

 $\Leftrightarrow \emptyset$  89 |\_| Heart study examiner type (1=M.D., 2=Nurse)

 $\bigcirc \phi 9 \phi \quad |\_|\_|$  Exam number

Medical Encounter	Month/Year (of last visit)	Site of Hospital or Office	Doctor
•			

	Medical History-Cardiovascular I	Medications	
[0]0 2  C0[9]	FORM NUMBER		(SCREEN 2)
(FOL)	Number of aspirins per 10=Never, 1=Day, 2=Week,	3=Month, 4=Year, 9=Unkno	wn)
fo \$931_1 C	urrently receiving medication for the treatment of hypertensic	on? $(0=No, 1=Yes,$	9=Unknown)
fo \$94  _   A	ny of the cardiovascular medications below (0=No, 1=Yes, 9	=Unkn)	
Po \$95 1_1	Cardiac Glycosides	CODE (0=No; )	
fo \$96  _	Nitroglycerine	(1=Yes,now; ) (2=Yes,not now;)	
GO 697 1_1	Longer acting nitrates (Isordil, Cardilate, etc.)	(3=Maybe)	
Fo 698 I_I	Calcium Channel Blockers (Nifedipine, Verapamil, Diltiazem)	(9=Unknown; )	
60 d 99 1_1	Beta Blockers (Specify)		
fo • 1461_	GROUP (Propranolol=01 Timolol=02 Nadolol=03 Pindolol=06 Acebutolol=07 La	Atenolol =04 Metoprolol=0 betalol=08 Other=09)	15
Fo 10	/   _  Dose (mg/day) (999=unknown)		
fo 102  _1	Loop Diuretics (Lasix, etc.)		
(to 103)  _	Thiazide/K-sparing diuretics (Dyazide, Maxide, etc.)		
(FO 104)_1		Meds and Dose	
fo 105 1_1	K-sparing diuretics (Aldactone, Triamterene, Amiloride)		
fo 166 1_1	Potassium supplements		
fo 197  _	Reserpine derivatives		
PO148 1_1	Methyldopa (Aldomet)		
Fo 149 1_1	Alpha-1 agonist (Clonidine, Wytensin, Guanabenz)	·	
fo 114  _	Alpha-2 blockers (Prazosin, Terazosin)		_
fo 111 1_1	Renin-angiotensin blocking drugs (Captopril, Enalapril, Lisinopril	)	
fo112 1_1	Peripheral vasodilators (Hydralazine, Minoxidil, etc)		
fo 113 1_1	Other anti-hypertensives (Specify)		
fo114  _	Antiarrhythmics (Quinidine, Procainamide, Norpace, Disopyramide	, etc)	
FO 115  _1	Antiplatelet (Anturane, Persantine, etc.)		
fo 116 1_1	Anticoagulants (Coumadin, Warfarin, etc.)		
Cuall	Other cardiac medication (Specify)		

### EXAM 22

# ID type/ID~ Last Name~, First Name~ Medical History— Other Medications

|0|0|3| FORM NUMBER

(SCREEN 3)

Go 118 1_1 AI	ny of the "non-cardiovascular" medications below (0=No,1=Yes, 9=Unknown)
(fo 119)  _	Anti cholesterol drugs (Resinse.g. Questran, Colestid)
(10 120) I_I	Anti cholesterol drugs (Niacin or Nicotinic Acid)
(FO 121) 1_1	Anti cholesterol drugs (Fibrates-e.g. Gemfibrozil)
(to 122)  _	Anti cholesterol drugs (Statinse.g. Lovastatin, Pravastatin)
(to 123)  _	Anti cholesterol drugs (OtherSpecify
fo 124 1_1	Antigout-uric acid lowering (Allopurinol, Probenecid etc)
Po1251_1	Antigout—(Colchicine)  CODE FOR ENTIRE SCREEN
(40 126)_1	Thyroid extract (Dessicated Thyroid)
(fo 127)_	Thyroxine (Synthroid etc.) (0=No) (1=Yes,now)
(Fo 128)	(2=Yes,not now) (3=Maybe)
19 19	9   _   Total units of insulin a day (9=Unknown)
40 130 1	Oral hypoglycemics (Specify brand)
(fo 131)_[	Oral/patch estrogen (for women users also see estrogen section)
fo 132 1	Oral glucocorticoids (Prednisone, Cortisone, etc.)
(A) 134	Non-steroidal anti-inflammatory agents (Motrin, Ibuprofen, Naprosyn, Indocin, Clinoril)  If yes, do you take them every day?
Fo 135 1_1	Analgesic-narcotics (Demerol, Codeine, Dilaudid, etc.)
(Fa.136)_1	Analgesic-non-narcotics (Acetaminophen etc.)
(B 137)  _	Bronchodilators, aerosols etc.
fo 138 1_1	Antihistamines
fo 139 1_1	Antiulcer (Tagamet, Ranitidine, Probanthine, H ion inhibitors)
PO 140 1_1	Anti-anxiety, sedative/hypnotics etc. (Librium, Valium etc.)
fo 141 1_1	Sleeping pills
fo142 1_1	<b>Anti-depressants</b>
Fo 1431_1	Eyedrops
fo 1441_1	Antibiotics
PO145 1_1	Anti-parkinson drugs (Sinemet, L-Dopa, Symmetrel, Cogentin, etc)
to 1461_1	Anticonvulsants (Dilantin, Phenobarb, Tegretol, Mysoline etc)
fa. 471 1	Others Specify:

Medical History- Male/Female Genitourinary Disease

(BER

10	0 0 4  FORM NUMBER	(SCREEN 4)
Qu	estions for women	
Fo 148	_ _  Age at hysterectomy (years), (00=No, 88=No	ot Applicable-man, 9=Unknown)
f0149	Ovary or ovaries removed (0=No; 1=Yes,one;	2=Yes,two; 8=Not Applicable-man; 9=Unkn)
fo 15\$	_  Number of live births (88=Not Applicable-man,	99=Unknown)
fo 151	Conjugated estrogen use in interim (e.g. Premarin) (0=No, 1=Yes,now; 2=Yes,not now, 8=Not applicable-	man, 9=Unknown)
fo 152	Oral dose/day of premarin or conjugated Estroge (0=No, 1=0.325mg, 2=0.625mg, 3=1.25mg, 4=	ns
fo 153	_  Patch dose/day of estrogen (0=No, 1=0.5, 9=Unl	cnown)
fo 154		9=Unknown)
Po 155	Estrogen cream use interim (0=No or Not Applicable	e; 1=Yes,now; 2=Yes,not now; 9=Unkn)
A 18	Progesterone use interim (0=No or Not Applicable;	1=Yes,now; 2=Yes,not now; 9=Unkn)
$\overline{\overline{Q}}\overline{u}$	estions for men and women	
6157	Urinary disease in interim	(0=No, )
fo 158	Kidney disease in interim	(1=Yes, ) (2=Maybe,)
Fo 159	Kidney stones in interim	(9=Unknown )
$\overline{\mathbf{Q}}\mathbf{u}$	estions for men	
Fo 160	Prostate trouble in interim	(0=No ) (1=Yes ) (2=Maybe, ,)
fo 161	Prostate surgery in interim	(2=Maybe, ,) (8=N/A, woman) (9= Unknown)

#### Medical History- Beverages and Thyroid

|0|0|5| FORM NUMBER

(SCREEN5)

#### **Thyroid**

 $\mathcal{L}_{0}$  | In the interim have you been diagnosed with a thyroid condition? (0=No, 1=Yes, 9=Unknown)

Comments		

#### **Beverages**

---- Daily intake over past year -----

	Caffe	inated			Decaffe	einated	
	Unit	# per day	Method		Unit	# per day	Method
Coffee	cup	F0163	fa164	Coffee	cup	fo 165	40166
Tea	cup	fo 147		Tea	cup	19168	
Cola	12 oz	fo 169		Cola	12 oz	Po 178	

Method used predominantly: 0=Non drinker, 1=Filter, 2=Perc, 3=Boil, 4=Instant, 8=Other, 9=Unkown

#### **Alcohol Consumption**

		Number of drinks per week over course of year	Number days drink per week	Limit for number of drinks at one period of time
Beverage	Unit	Code 00=never, 01=1 or less, 99=unknown	Code 0-7 9=Unknown	Code number 99 = Unknown
Beer	bottle,can,glass (12 oz)	fg_17'_1	60/72	Ap 173
Wine	glass (4 oz)	6/74	fo 175	Po 176
Liquor	cocktail, highball	B177_ _	fo18  _	fo179_ _

#### **Medical History-Smoking**

|0|0|6| FORM NUMBER

(SCREEN

Co 180 \* |\_\_ | Smoked cigarettes regularly in the last year?

(0=No, 1=Yes, 9=Unk)

How many cigarettes do/did you smoke a day? (01=one or less, 99=unk)

Do you inhale? (0=No, 1=Yes, 8=N/A, 9=Unknown)

Ciga	rette Brand	Strength	Туре	Filter	Length
R	ode the first ight letters	Code 1=Normal 2=Lite 3=Ultralite 8=N/A 9=Unknown	Code 1=Regular 2=Menthol 8=N/A 9=Unknown	Code 1=Nonfilter 2=Filter 8=N/A 9=Unknown	Code 1=Regular 2=King 3=100 mm 4=120 mm 8=N/A 9=Unknown
		PO184_	PO185	Po186	Fo 187

C	6 189 I_	_	Do	you	now	smoke	cigars?
70	,		TOTAL THE	CONTRACTOR OF THE PARTY OF THE	CONTRACT CARGO		A STREET, SALES AND ADDRESS.

(0=No)

(1=Yes, inhale)

Do you now smoke pipes?

(2=Yes, no inhale)

(9=Unknown)

ex22\_22007

# Medical History-- Respiratory

0 0 7	FORM NUMBER		(SCREEN 7)
GAI I_I	Chronic cough in interim (at least 3 months/year) (0=No; 1=Yes, productive; 2=Yes, non-productive; 9=U	Jnknown)	
CO 92 1_1	Wheezing or asthma (0=No, 1=Yes, 9=Unknown)		
` _	Type (0=None, 1=New in interim, 2=Old, 8=N	/A, 9=Unknown)	
Co 1931_1	Dyspnea on exertion (0=No) (1=Climbing stairs or vigorous exertion) (2=Rapid walking or moderate exertion) (3=Any slight exertion) (9=Unknown)		
20 MS 1_1	Dyspnea has increased over the past two years (0=No, 1=Yes, 9=Unknown)		
Ro196  _	Orthopnea	(0=No )	
Ro 197  _	Paroxysmal nocturnal dyspnea	(1=Yes-new in interim;) (2=Yes-old complaint;)	
fo 198  _	Ankle edema bilaterally	(9=Unknown )	
199 <u>     </u>	1st Examiner believes CHF	(0=No, ) (1=Yes, )	
621  _  =	1st Examiner believes Chronic Bronchitis (Cough that produces sputum at least 3 months in past 12 month	(2=Maybe,)	)
	No second opinion needed for bronchitis		
Respirat	tory Comments		_
	•		

# Medical History-- Heart Part I

0 0 8  FOI	RM NUMBER		(SCREEN 8)				
Po 201*  _  Any c	hest discomfort since last exam		(0=No, )				
fo 202  _   Che	fo 202   _   Chest discomfort with exertion or excitement (1=Yes, ) (2=Maybe,) (9=Unknown)						
fo 203  _  Che	Co 20 3  _   Chest discomfort when quiet or resting						
f0204	omfort Characteristics (must have checked first box a +0 a 05  *   _   _   Date of onset (mo/yr, 99/99=Unknown)	bove)					
fo 206 I_	Usual duration (minutes, 999=Unknown)						
fo 207 1_	Longest duration (minutes: 1=1 min or less,	900=15 hrs or	more, 999=Unknown)				
_	Location (0=No, 1=Central sternum and upper chest 4=R Chest, 5=Epigastric, 6=Lower sternum Radiation (0=No, 1=Left shoulder or L arm, 2=No 5=Abdomen, 6=Other	1m, $7 = Left$ and $3 = R$ she	t chest, 8=Other, 9=Unknown) oulder or arm, 4=Back,				
f0210  _	_  Frequency (Number in past month, 999=U	Jnknown)					
foall	Frequency (Number in past year, 999=U						
Foal21_	Type (1=Pressure,heavy,vise; 2=Sharp; 3=Dull; 4=C	Other; 9=Unkno	own)				
	Chest Discomfort relief. (0=No, 1=Yes, 8=Not tried, 9=Un	known)					
fo 2/3	Nitroglycerine in <15 minutes						
forly	Rest in <15 minutes						
foars	Spontaneously in <15 minutes						
to by b	Other cause in <15 minutes						
fo <sup>2</sup>     1st E	caminer believes angina pectoris in interim caminer believes coronary insuff. in interim caminer believes myocardial infarct in interim	1	(0=No, ) (1=Yes, ) (2=Maybe,) (9=Unknown )				
Comments_							
·							

#### Medical History-- Heart Part II

|0|0|9| FORM NUMBER

(SCREEN 9)

#### History of Heart Surgery (Not Coronary Surgery)

If unsure, please write in comments for later coding

Procedure	Aortic	Mitral	Tricuspid	Pulmonic
	1_1 fo 220	1_1f021	1-1555	1_1to

Specify:

- 0 = No
- 1 = Mechanical (Bjork, Starr Edwards
- 2 = Bioprosthesis (Pig, homograft)
- 3 = Commissurotomy, Balloon valvuloplasty
- 4 = Repair (NOT A commissurotomy)
- 5 =Other
- 9 = Unknown

Year of	Aortic	Mitral	Tricuspid	Pulmonic
Procedure	19     100	19       fo	19     fo	19

Comments	
<del></del>	

# Medical History-- CHD and Complications--Heart Part III

|0|1|0| FORM NUMBER

(SCREEN 10)

Coding: 0=No, 1=Yes 2=Maybe, 9=Unkn	Cardiovascular Procedure
ço	A 22 9 Coronary arteriogram
328	19     Year first done (99=unknown)
1_1 20 230	Coronary artery angioplasty
χο '	19       Year first done (99=unknown)
	Type of procedure (0=none, 1=balloon, 2=other, \$\int_{\gamma_3}^{\gamma_3} \gamma^9 = \text{unkn} \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qquad \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq \qqq \qqqq
1_1 & 233	Coronary bypass surgery
	19
1_1 60 235	Carotid artery surgery
	19     Cop 300 Year first done (99=unknown)
1_1 Do 231	Abdominal aorta surgery
	19   _   Par first done (99=unknown)
1_1 60239	Femoral or lower extremity surgery
χω"	19  _AYO 19   Year first done (99=unknown)
1-1 bogy	Permanent pacemaker insertion
<u> </u>	19 _  Year first done (99=unknown)

|0|1|1| FORM NUMBER

(SCREEN 11)

you get: (Co	or stand up quickly do ode: 0=No, 1=Yes, 0=Unknown)	Number of episodes per year (999=Unknown)	Usual duration from onset to recovery (minutes, 1=1 minute or less, 999=Unknown)			
Dizzy/	vertigo 6 243	1_1_1_1 fgvr	1_1_1_1 fo			
_  Lighth	eaded/unstable-6244	1_1_1_1	1_1_1 046			
Have you fainted or lost consciousness in the interim?   Have you fainted or lost consciousness in the interim?   (If event immediately preceded by head injury or accident code to 0=No)   (Code: 0=No, 1=Yes, 2=Maybe, 9=Unknown)   \( \triangle \						
000000000000000000000000000000000000000	otoms noted <u>before</u> even to, 1=Yes, 2=Maybe, 9=Ur		ymptoms noted <u>after</u> event(s) =No, 1=Yes, 2=Maybe, 9=Unkn)			
1_1833	Nausea/vomiting	Go 928	Urinary/fecal incontinence			
Po psy	Warning signs (e.g. Au	ira) fo p.59	Confusion			
to bee	Chest discomfort	to 2401	Focal weakness (e.g. arm, leg)			
folast	Shortness of breath	fogle	Other (specify)			
Colar 7	Palpitations					
Did you have any injury caused by the event? (0=No, 1=Yes, 2=Maybe, 9=Unknown)    263     Was seizure activity observed? (0=No, 1=Yes, 2=Maybe, 9=Unknown)  Who observed event?						
Н						

# Medical History--Syncope--Heart Part V

|0|1|2| FORM NUMBER

(SCREEN 12)

1st Examiner Opinions:	
Coals     Cardiac Syncope (0=No, 1=Yes, 2=needs second opinion	Maybe, 3=Presyncope, 9=Unknown)
Seizure disorder  Odb   _   Seizure disorder  Odb   _   Vasovagal episode  Odb   Other  Specify:	(0=No, ) (1=Yes, ) (2=Maybe,) (9=Unknown )
Comments	

# Medical History--Cerebrovascular in Interim--Part I

10/1/3/ FORM NOMBER	(SCREEN 13)
Cerebrovascular episodes since last exam (0	)=No, 1=Yes, 2=Maybe, 9=Unknown)
Raba Sudden muscular weakness	
Sudden speech difficulty	
Coarl     Sudden visual defect (If more	than one event specify in comments on bottom of screen)
Q 277 _   Unconsciousness	
$\mathcal{L}_{0}$ $\mathcal{L}_{0}$ $\mathcal{L}_{0}$ Double vision	
fo274 _  Loss of vision in one eye	·
fo 27 5   Numbness, tingling	
Numbness and tingling is position	
CT scan (head) since last exam (date/	place)
Po 278_  Seen by neurologist since last exam (	write in who & when below)
_ _ * _  Date (mo/yr,99/99=Unkn) Observed by	
Cook   Onset time(1=Active, 2=During sle	eep, 3=While arising, 9=Unknown)
$f_0 = \frac{28^2}{ - - ^* _{- - }} = \frac{f_0 \cdot 28^3}{ - - - } = \frac{f_0 \cdot 28^4}{ - - - }$ Duration (use form	at days/hours/mins, 99/99/99=Unknown)
Po 28   Hospitalized or saw M.D. (0=No	o, 1=Hosp., 2=Saw M.D., 9=Unknown)
So 28       Number of days stayed at	
1st Examiner Opinions	
6287_   Cerebrovascular Disease	(0=No)
. QY	(1=Yes)
€0 <sup>2</sup>    Stroke in Interim	(2= Maybe)
ار کامی است المحتود ا	(9=Unkown) erim (TIA)
Neurology Comments	

# Medical History-Peripheral Arterial and Venous

0 1	4  FORM NUMBER	(SCREEN 14
£ *  _	Do you have lower limb discomfort while walking (0=No, 1=Yes, 9=Unkn)	
, 980	If yes, fill in below	

Left Right	Vascular symptoms (0=No, 1=Yes, 9=Unkn)
10291 10292	Discomfort in calf while walking
FU29 3 PO 29 4	Discomfort in lower extremity (not calf) while walking
P0295	Occurs with first steps
P0294_1	After walking a while
GO 297_1	Related to rapidity of walking or steepness
Fo 3981_1	Forced to stop walking
€ <sub>#9</sub>   _	Time for discomfort to be relieved by stopping (minutes) (00=No relief with stopping, 88=Not Applicable)
£0349_ _ _	Number of days/month of lower limb discomfort (00=No, 88=N/A, 99=Unknown)

\* | Is one foot colder than the other? (0=No, 1=Yes, 9=Unknown)

Left	Right	Venous Symptoms
Code: 0=No, 1=	Yes, 9=Unknown	
1_1 30x	1_1303	Phlebitis
1_1504	A 505  _	Leg ulcers
fo  _  306	for 1_1	Treatment for varicose veins

1st Examiner Opinions: (0 = $f_0$ 308	No, 1 = Yes, 2 = Maybe, 9 = Unknown)
Intermittent Claudicati	on (Also see peripheral vessels III screen)
fu 309	
Venous Insufficiency	(Also see peripheral vessel I screen)
Comments Peripheral Vascular	Disease

#### Cancer Site or Type

|0|1|5| FORM NUMBER

(SCREEN 15)

Fo	210
0	<i>(1</i> )

Have you ever had cancer or a tumor?

(0=No and skip to next screen, 1=Yes, 2=Maybe, 9=Unknown -- for these responses, please continue)

Code for table: 0=No, 1=Yes, Cancerous, 2=Maybe, Possible Cancer, 3=Benign, 9=Unknown

	Code	Site of Cancer or Tumor	Year First Diagnosed	Name Diagnosing M.D.	City of M.D.
Pozil	1_1	Esophagus			
f0312		Stomach			
€ 313		Colon			
F0314		Rectum			
F0314 F0315 F0316		Pancreas			
FO 316	1_1	Larynx			
FU317	1_1	Trachea/ Bronchus/Lung			
િ સિંદ જે	_	Leukemia			
A319	_	Skin			
F0330		Breast			
નિઝ્સા	1_1	Cervix/Uterus			
fu332		Ovary			
fo323	<u> _ </u>	Prostate			
fr 337.1	_	Bladder			
FU325	1_1	Kidney			
FU326		Brain			
િક્ર	7 1_1	Lymphoma			
િઝ	/ I_I	Other/Unknown			

	Comment	(If participant has a	nore details concern	ing tissue diagnosis,	other hospitalization,	procedures, treat	ment
_							

# Physical Exam-Head, Neck and Respiratory

|0|1|6| FORM NUMBER

(SCREEN 16)

Physician Blood	Systolic	Diastolic		
Pressure (first reading)	6329	f0330		
fo 331		Eyes, Xanthomata	, and Thyroid	
0	arcus (0=No, 1=Sli	ght, 2=Moderate, 3=N	farked, 9=Unknown)	
1 Xanthelas	sma (0=No, 1=Y	es, 2=Maybe, 9=Unkn	own)	
fo 333 Xanthoma	ata (0=No. 1=Yo	es, 2=Maybe, 9=Unkn	own)	
fo 334 Achi	lles tendon xanthe		(0=No, )	
(fo 335)  _  Palm fo 336	ar xanthomata		(1=Yes,)	
	rous xanthomata		(9=Unknown)	
337   Thyroid ab	onormality (0=No,	1=Yes, 2=Maybe, 9=	=Unknown)	
	3341 e enlargement	Single nodule  O 342  Multiple nodule	€ S 3 40     Other	
Comments about				
fo 343	-	Respi	ratory	
I_  Increased	a-p diameter		(0=No, )	
_  Fixed thor			(1=Yes, )	
,	on auscultation		(2=Maybe,)	
_  Rales			(9=Unknown )	

Comments about Respiratory \_\_\_\_\_

Other abnormal breath sounds

### i nysicai Exam-

|0|1|7| FORM NUMBER

(SCREEN 17)

```
Enlargement (0=No, 1=Left only, 2=Right only, 3=Both, 9=Unknown)

**Post of the content of the c
```

Murmur Location	Grade 0=No sound 1 to 6 for grade of sound heard)	Type 0=None, 1=Ejection, 2=Regurgitant 3=Other 9=Unknown)	Radiation 0=None, 1=Axilla, 2=Neck, 3=Back, 4=Rt chest, 9=Unknown	Valsalva 0=Nochange, 1=Increase 2=Decrease 9=Unknown)	Origin 0=None, indet, 1=Mitral 2=Aortic 3=Tricuspid 4=Pulm 9=Unknown)
Apex	fo 355	Po 35 6	fo 357	FO 35,8	A359
Left Sternum	Fo 360	A 361	(1)362	+036 3	Fe 364 1
Base	fo3 65	@366	Po 367	A368	fo 369_1

Diastolic murmur(s) (0=No,1=Yes,2=Maybe,9=Unknown)	
_  Valve of origin for diastolic murmur(s) (0=No, 1=Mitral, 2=Aortic, 3=Both, 4=Other, 8=N/A, 9=Unk)  \[ \lambda \text{372} \]  _  Neck vein distention at 45 degrees (0=No, 1=Yes, 2=Maybe, 9=Unknown)	
Comments	
	· · · · · · · · · · · · · · · · · · ·

# Physical Exam-Breasts and Abdomen

|0|1|8| FORM NUMBER

(SCREEN 18)

(0 <sup>31</sup> 3   Breast abnormality	(0=No )
£0 <sup>374</sup>    Localized mass	(1=Yes ) (2=Maybe)
Go 37     Axillary nodes	(9=Unknown)

	Left	Right	Breast Surgery
f9376			Breast Surgery (0=No, 1=Yes, 9=Unknown)
	1_1 fb377	1_1 fo 378	Procedure Use lowest code: (0=No, 1=Radical mastectomy, 2=Simple mastectomy, 3=Biopsy, 4=Lump removal, 5=Cosmetic, 9=Unknown)

Comments about abnormanty:	

Abd	lomina	l abnormalities (0=No, 1=	Yes, 2=Maybe, 9=Unkr	nown)	
Po 379	_	Liver enlarged			
Fo 380	1_1	Surgical scar			
Fo 381	1_1	Abdominal aneurysm			
fo 382	1_1	Bruit			
fo 383	_	Surgical gallbladder scar			
60384	_	Other abdominal abnormality	:		·

# Physical Exam-Peripheral Vessels--Part I

|0|1|9| FORM NUMBER

(SCREEN 19)

Left	Right	Varicosities
6385  _I	fo 386	Stem (0=No abn, 1=Uncomplicated 2=With skin changes, 3=With ulcer 9=Unknown)
1_1 fo 387	fo 388	Reticular (0=No abn, 1=Uncomplicated 2=With skin changes, 3=With ulcer 9=Unknown)
1_1 20 389	[_l f0390	Spider (0=No abn, 1=Uncomplicated 2=With skin changes, 3=With ulcer 9=Unknown)

Left	Right	Lower Extremity Abnormalitiess
-6 391	fo 392	Ankle edema (0=No, 1,2,3,4=Grade ,9=Unknown)
fo 393	fo 394	Foot cold (0=no, 1=Yes, 2=Maybe, 9=Unknown
fo 395	fo 396	Amputation (0=No, 1=Yes, 9=Unknown)
_    Go 397	1_1 fo 398	Amputation level (0=No, 1=Toes only, 2=Ankle, 3=Knee, 4=Hip, 8=N/A,9=Unknown)

omments	_

# Physical Exam--Peripheral Vessels--Part II

|0|2|0| FORM NUMBER

(SCREEN 20)

Artery	Pulse  (0=Normal, 1=Absent, 2=Abnl but present, 9=Unkn)		Bruit (0=No, 1=Yes, 9=Unknown)	
	Left	Right	Left	Right
Carotid		,	fo 399  _	fo 400  _
Radial	Foyol  _	Po 402  _		
Femoral	fo 403  _	forat  _	F0405  _	40409_1
Mid-Thigh			fo407 _	P0408  _
Popliteal		100	fo 409  _	Po410 1_1
Post Tibial	foy11  _	F04121_1		
Dorsalis Pedis	fu 413  _	fo414  _		

	(For intermittent ca	audication and chronic venous	msufficiency - Se	e screen 14)	
Comm	ents				
				· · · · · · · · · · · · · · · · · · ·	

# Physical Exam-Neurological and Final Blood Pressure

0 2 1	FORM NUMBER	(SCREEN 21)
Co415 1_1	Speech disturbance	
80416 1_1	Gait disturbance	(0=No)
fo417 1_1	Localized muscle weakness	(1=Yes)
64181_1	Visual field defect	(2=Maybe)
fo+19  _	Abnormal reflexes	(9=Unknown)
f0420  _1	Cranial nerve abnormality	
fo421 1_1	Cerebellar signs	
fo422  _	Sensory impairment	
6423  _  1	st Examiner believes residual of stroke	
Commer	nts about Neurological findings	

Physician Blood	Systolic	Diastolic
Pressure (second reading)	_ _  fo 424	1_1_1_1 fo 425

# Electrocardiograph--Part I

|0|2|2| FORM NUMBER

(SCREEN 22)

(0 426 |\_| ECG done (0=No, 1=Yes)

	Rates and Intervals
1_1_1 fora7	Ventricular rate per minute (999=Unknown)
1_1_1 fo 428	P-R Interval (hundreths of a second) (99=FullyPaced, Atrial Fib, or Unknown)
1_1_1 fo 429	QRS interval (hundreths of second) (99=Fully Paced, Unknown)
1_1_1 fo 430	Q-T interval (hundreths of second) (99=Fully Paced, Unknown)
-fo.431  _ _ _	QRS angle (put plus or minus as needed) (e.g045 for minus 45 degrees, +090 for plus 90, 9999=Fully paced or Unknown)

	Rhythm
fo432 1_1	0 or 1 = Normal sinus 2 = Sinus rhythm with 1st degree AV block (PR interval ≥ .20 sec.) 3 = 2nd degree AV block, Mobitz I (Wenckebach) 4 = 2nd degree AV block, Mobitz II 5 = 3rd degree AV block / AV dissociation 6 = Atrial fibrillation / atrial flutter 7 = Nodal 8 = Paced 9 = Other or combination of above (list)

Ventricular conduction abnormalities				
f0433	IV Block (0=	No, 1=Yes, 9=Fully paced or Unknown)		
Po 434		Pattern (1=Left, 2=Right, 3=Indeterminate) 0 - No 106		
fo435	]	Complete (QRS interval=.12 sec or greater)		
fo436		Incomplete (0=No, 1=Yes, 9=Unknown)		
to 437	Hemiblock (0=No, 1=Left Ant, 2=Left Post, 9=Fully paced or Unknown)			
A0 438	WPW Syndron	ne (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)		

	Arrhythmias
fo439	Atrial premature beats (0=No, 1=Atr, 2=Atr Aber, 9=Unknown)
44/D	Ventricular premature beats (0=No, 1=Simple, 2=Multifoc, 3=Pairs, 4=Run, 5=R on T, 9=Unk)
P0441	Number of ventricular premature beats in 10 seconds (see 10 second rhythm strip)

|0|2|3| FORM NUMBER

(SCREEN 23)

Fo yya	Myocardial Infarction Location	
<u>'</u> -	Anterior (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)	
Po 4431	Inferior (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)	
fo 444	True Posterior (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)	
	Left Ventricular Hypertrophy Criteria (0=No, 1=Yes, 9=Fully paced, Complete BBB or Unk)	
fo 1448	R > 20mm in any limb lead	
PO 1444	R > 11mm in AVL	
PU HYT	R in lead I plus S ≥ 25mm in lead III	
Fa14481	R AVL in mm (at 1 mv = 10 mm standard) Be sure to code these voltages	
FA 449	S V3 in mm (at 1 mv = 10 mm standard) Be sure to code these voltages	
R in V5 or V6S in V1 or V2		
POHSD	R>= 25mm	
Po 451	S >= 25mm	
fo 14512	R  or  S >= 30 mm	
fo 14513	R + S > = 35mm	
Po 1424	Intrinsicoid deflection >= .05 sec	
to 1428	ST depression (strain pattern, with down sloping ST)	
	Hypertrophy, enlargement, and other ECG Diagnoses	
P014570	Nonspecific S-T segment abnormality (0=No, 1=Yes, 2=Maybe, 9=Paced or Unk)	
fo14517	Nonspecific T-wave abnormality (0=No, 1=Yes, 2=Maybe, 9=Paced or Unk)	
Po 1458	U-wave present (0=No, 1=Yes, 2=Maybe, 9=Paced or Unk)	
fo 14579	Atrial enlargement (0=None, 1=Left, 2=Right, 3=Both, 9=Atrial fib. or Unknown)	
Po 146p	RVH (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown; If complete BBB present, RVH=9)	
Fo 461	LVH (0=No, 1=LVH with strain, 2=LVH with mild S-T Segment Abn, 3=LVH by voltage only, 9=Fully paced or Unkn, If complete BBB present, LVH=9)	

Comments and Diagnosis	,	
		_

# Clinical Diagnostic Impression-Part I

|0|2|4| FORM NUMBER

(SCREEN 24)

	Coronary Heart Disease
fo462 1	Angina Pectoris (0=No, 1=Yes-New, 2=Yes-Old, 3=Yes-Recurrent, 4=Maybe, 9=Unknown)
f04631	_   Coronary Insufficiency
fo464 1	Myocardial Infarct
	Other Heart Diagnoses in Interim
F0465 1	Rheumatic Heart Disease (0=No, 1=Yes, 2=Maybe, 9=Unknown)
Fo 466 1	Aortic Valve Disease
fo467	Mitral Valve Disease
F0468 1	Other Heart Disease (includes congenital)
A0469 1	Congestive Heart Failure
Po 470	Functional Class (0=None; NYHA Classif 1,2,3,4)  (Class 1=Ordinary physical activity, does not cause symptoms)  (Class 2=Ordinary physical activity, results in symptoms)  (Class 3=Less than ordinary physical activity results in symptoms)  (Class 4=Any physical activity results in symptoms)
Co	emments CDI Heart

# Clinical Diagnostic Impression-Part II

|0|2|5| FORM NUMBER

(SCREEN 25)

Peripheral Vascular Disease in Interim	
47(  _  Intermittent Claudication (0=No, 1=Yes, 2=Maybe, 9=Unknown)	
947)  _  Abdominal Aortic Aneurysm	
173     Stem Varicose Veins	
474  _  Phlebitis	
475  _  Other Vascular Diagnosis (Specify)	
Neurological Disease (0=No, 1=Yes-New, 2=Yes-Old, 3=Yes-Recurrent, 4=Maybe, 9=Unknown)	
476  _  Stroke	
477     Transient Ischemic Attack (TIA)	
478  _  Dementia	
479   Parkinson's Disease	
480  _  Other Neurological Disease (Specify)	
048/  _  Depression	
Comments CDI Neurological	

# Clinical Diagnostic Impression--Part III

|0|2|6| FORM NUMBER

(SCREEN 26)

Non Cardiovascular Diagnoses in Interim (0=No, 1=Yes, 2=Maybe, 9=Unkn	own)
fo 482  _  Diabetes Mellitus	
Fo 483  _  Urinary Tract Disease	
To 484  _  Prostate Disease	
fo 485  _  Renal Disease	
fo 486  _  Emphysema	: 1
Fo 487  _  Chronic Bronchitis	
fu 488  _  Pneumonia	
60489  _  Asthma	
Fo 490  _   Other Pulmonary Disease	
Po 49/  _   Gout	
fo 492  _  Degerative joint disease	
Co493  _   Rheumatoid arthritis	
fo 494  _  Gallbladder disease	
60 495     Other non C-V Diagnosis (for cancer, see special page)	
Comments CDI Other Diagnoses	

# Second Examiner Opinions in Interim

U 2 7  FORM NUMBER	(SCI	REEN 27)
fo 496  _ _ _  2nd Examiner ID Number	2nd Examiner Last Name	
Coding for entire screen: (0=No, 1=Yes, 2=Maybe, 9=Unk	nown)	
60497     Congestive Heart Failure		
fo 498  _  Coronary Insufficiency		
Lo 499  _   Angina Pectoris		
fosoo  _  Myocardial Infarction		
Co 50/  _   Syncope		
Fo 502  _  Intermittent Claudication		
Comments		
· · · · · · · · · · · · · · · · · · ·		
Neurological Disease		,
Fo 503  _  Stroke		
F0504 _  TIA		
Comments about possible Neurological Disease		
Comments about hossible Mentological Disease		

ex22\_22042

EXAM 22 ID type/ID~ Last Name~, First Name~

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# Activities Questions- Part A

|0|4|2| FORM NUMBER

Fo 59'5     Where do you live: (0 = Residence, 1 = Nursing h (3 = Retirement Home /Congre	ome, 2 = Other institution, ) gateHousing, 9=Unknown)
Cospile  _   Does anyone live with you: (0=No, 1=Yes, 9=Uni	known)
fo √ 7     Spouse (0=No, 1=Yes, 9=Unknown) (	Code Nursing Home Residents as NO to
Ευςφδ  _   Children (0=No, 1=Yes, 9=Unknown)	these questions)
50599     Friends (0=No, 1=Yes, 9=Unknown)	
Fo 510     Relatives (0=No, 1=Yes, 9=Unknown)	
FO 511   _   In general, how is your health now: (1=Excellent	, 2=Good, 3=Fair, 4=Poor, 9= Unk)
Fogia     Compare your health to most people your own a 3=Worse, than mo	age: (1=Better, 2=About the same, st people your own age, 9=Unknown)
fosiy   In what city or town do you currently live?  fosiy   How many months of the year do you (If less than 12 months, continue) (99=Unknown)	Geographical Coding: live there 1 = Framingham Area 2 = Metro Boston
FOSIS     In what other area do you live?	3 = Cape Cod 4 = Other MA areas 5 = Florida
Fo576  _ _  How many months of the year do you	6 = Arizona
live there? (If less than 12 months	7 = California
total, continue) (99=Unknown)	8 = Other
Fo S17     In what other area do you live?	9 = Unknown 0, 00 = N/A
Fo 518  _ _  How many months of the year do you	live there?
(do not include time spent in car (Record less than one hour as decimal equivalen	ts, e.g. 1/2 hr=0.5)
In the summer when you were outside, how mu	ich of your skin was usually exposed to the sun?
(1 = race only, $\lambda$ = race and hands, 3 = race, hands, an	d arms, 4= Face, hands, arms, legs, 9=Unknown)

ID type/ID~ Last Name~, First Name~ EXAM 22

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	Activities Questions— Part B
0 4 3	B  FORM NUMBER
fosal I_	Are you in bed or in a chair for most or all of the day (on the average)? (Note: this is a lifestyle question, not due to health) (0=No, 1=Yes, 9=Unknown or Not sure)
1-16507	Do you need a special aid (wheelchair, cane, walker) to get around? (0=No, 1=Yes, 2=Sometime, 9=Unknown)
If ye	es, which of the following equipment do you use? (0=No, 1=Yes, 2=Sometimes, 9=Unknown)
60523 I_	_   Cane or walking stick
FO 524 1_	_  Wheelchair
FOSASI_	_  Walker
fosa4 1_	Other (Write in)
£0 5271_1	Are you working now: (0=No, 1=Yes,Full time, 2=Yes, Part time, 9=Unknown)
F0581_1_tha	During the past 6 months (180 days) how many days were you so sick to you were unable to carry out your usual activities? (999=Unknown)
	S FOR NEXT 6 QUESTIONS: (0=No,Unable to do; 1=Yes,Independent; 2=Yes, with nan Assistance; 9=Unknown)
70529 1_1	Are you able to do heavy work around the house, like shovel snow or wash windows, walls or floors without help?
€530 _	Are you able to walk up and down stairs to the second floor without any help?
6531 I_I	Are you able to walk a mile without help? (About 8 blocks)
<i>ਿ ਕ</i> 3ੁਤਾ <sup>—</sup> ।	If you had to, could you do all the housekeeping yourself?  (like washing clothes and cleaning)?
fo 533 _	If you had to, could you do all the cooking yourself?
	If you had to, could you do all the grocery shopping yourself?
J. Williams	BROK BO CONTROL OF THE STATE OF
	Do you drive? (0=No, 1=Yes, currently, 2=Yes, not now, 9=Unk)
P0536	Reason for not driving now (1=Health, 2=Other non-health reason, 3=Never licensed, 8=N/A, current driver, 9=Unknown)

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## Activities Questions-Part C

|0|4|4| FORM NUMBER

For each activity that subject had a lot of difficulty doing or was unable to do (codes 3 or 4), ask attribution of health problem,

\*\*SYMPTOMS\*\*

			,		
	ach thing tell me whether y	ou have			
, ,	No Difficulty				
` '	A Little Difficulty		Health pro		
	Some Difficulty	01 Chest Pain	07 Shortnes		
(3)	A Lot Of Difficulty	02 Arthritis / Joint	08 Diabetes	• •	
(4)	Unable To Do	03 Back Pain / Stiffness			
(5)	Don't Do On MD Orders		10 Other P	roblem (w	rite in)
(9)	Unknown	05 Hip Fracture	88 N / A		
		06 Feeling Sad Or Tense			Co
0 ~37			\$€7 GB	<del>(</del> 2)	500
6 53 L	Pulling or pushing large obj	jects like a living room chair.	_ _	1_1_1	_ _
	Other or Add/l (write in)_	•		0.	-G
0541			fo 542	Fy3	7544
401_1	Either stooping, crouching, c	or kneeling	_	_ _	_ _
	Other (write in)			fa -	Q a
₽₽Ş	45		PO 546	f847	is 2
`	Reaching or extending arms		1_1_1	_ _	1_1_1
•	Other (write in)		0.00	Po	Co
ᠺᡒᠺᢋᠲ	Reaching or extending arms	ahawa ahawidaa lawal	to 120	,55/	200
(" _			111	[ll	-1-1
Cr	Other (write in)		COSSY	forss	fo56
+55	Either writing, handling, or	fingering small objects	4033.	1 1 1	1
11	Other (write in)		·	1-1-1	
Q-C7	)		6558	t859	\$20
2022	Standing in one place for lon Other (write in)	ng periods, say 15 minutes			1_1_1
				6	Co
€057	0		FOSW)	563	564
1_1	Sitting for long periods, say	1 hour	_	1_1_1	_ _
	Other (write in)			•	Go.
-65			PO566	1567	568
	Getting in and out of a car		`  _  <u>-</u>	3	
0.0	Other (write in)	<del></del>	0 =5	Q.	fon
<del>fo</del> s			fos70	1570	572
II	Lifting a 10 pound object of		ا اــاــا .	1_1_1	1_1_1
. 0	Other (write in)	· · · · · · · · · · · · · · · · · · ·	Posi	to	to
1 1	73 Putting socks or stockings or	<b>,</b>	574	5/3	376
11	Other (write in)	u	1	_ _	[—]—]
<del>C</del> n9	>77		G 578	10	£80
1 1	Walking one half a mile (4-6	5 blocks)	10,70	13/7	
11	Other (write in)			'''	··

**F**XAM 22 ID type/ID~ Last Name~, First Name~ INTERVIEW

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Activities Questions— Part D
0 4 5  FORM NUMBER
In the past year have you accidentally fallen and hit the floor or ground? (code as no if during sports activity) (0=No, 1=Yes, 2=Maybe, 9=Unknown)
6 582    If yes, how many times did you fall in the past year? (88=N/A, 99=Unk)
If yes, thinking of the falls you had in the past year, in what direction did you tend to fall? (0=Forward, 1=Backward, 3=To The Side, 4=Varies, 5=Can't Recall, 8=N/A, 9=Unknown)
If yes, did any of your falls in the past year result in a:  (Code: 0=No, 1=Yes, 2=Maybe, 9=Unknown)
Po 584  _   Fracture .
G 585     Head injury requiring medical attention
Po586  _  Dislocation
Co 587   Bruise, sprain, or cut
70 588  _  Other
FOSO If yes, did you lose consciousness or black out before any falls in the past year? (0=No, 1=Yes, 2=Maybe, 9=Unknown)  Are you afraid you may fall? (0=No, 1=Yes, 9=Unknown)
If yes, how much does your fear of falling interfere with the following activities? (0=None, 1=Some, 2=A lot, 9=Unknown)
OSI   Bathing
Po 592   Reaching into cabinets or closets
0 593  _  Walking outside your home (e.g. at a grocery store or Mall)
894  _  Walking inside your home
Pos95  _   Climbing stairs (up and down)
6596  _  Other

**INTERVIEW** 

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VERSION 01/08/92

#### **Activities Questions-- Part E**

|0|4|6| FORM NUMBER

SINCE YOUR LAST CLINIC VISIT HAVE YOU BROKEN ANY BONES? (Code: 0=No, 1=Yes, 2=Maybe, 9=Unknown)

> If yes, please specify below. Code as no if under age 30. (Code: 00=No, for others give year)

	g., - ,,
Left Right	Location
19 598 19579	Upper arm (humerus) or elbow
8 60 1 15 601	Forearm or wrist
€0 000 19 _ _	Back (If disc disease only, code as no)
19 _ _	Pelvis
19/694/1 19/695/	Hip
Agg 06 1	Other (specify)

#### KNEE OSTEOARTHRITIS PHYSICAL EXAM CODING FORM

Codes: (0=Absent or negative test, 1=Present or positive test, 9=Unknown)

କିଥିଲେ ବିହିନ୍ତି	Knee location	Grind	Tender	Enlargement
FIELD.	Left	Po 60 17 1	to 408	fo6991
	Right	1_1f0 610	fo 641_1	P06121
	7. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.			

INTERVIEW

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# Arthritis History-- Part A

|0|4|7| FORM NUMBER

KNEES - NOW I AM GOING TO ASK YOU SOME QUESTIONS ABOUT YOUR KNEES. EACH QUESTION ASKS ABOUT SYMPTOMS DIFFERENTLY.	H
Have you ever had pain lasting at least a month in or around the knee including the back of the knee? (0=No; 1=Yes,Left; 2=Yes,Right; 3=Yes, Both; 9=Unk)	e
If yes, what year did the pain start?  \( \text{O} \text{ \( \text{O} \text{ \( \text{I} \) \\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
If yes, when was the last time you had this pain?  666 67  19 _ _  LEFT 19 _  RIGHT	
If yes, how severe is/was the pain usually? (1=Mild, 2=Moderate, 3=Severe, 8=N/A, 9=Unk)  (2 / 20   LEFT     RIGHT	
Have you every had a fracture or injury to a knee requiring the use of crutches or a cane?  (0=No; 1=Yes, Left; 2=Yes, Right; 3=Yes, Both; 9=Unk)	
On most days do you have pain, aching or stiffness in either of your knees? (0=No; 1=Yes, Left 2=Yes, Right; 3=Yes, Both; 9=Unknown)	;
If yes, is the pain, aching, or stiffness - mild, moderate, or severe?  (0=No, 1=Mild, 2=Moderate, 3=Severe, 9=Unknown)  (0=No, 1=KIGHT KNEE)  (0=Ro, 1=KIGHT KNEE)	
1 In the past month have you had any pain, aching, or stiffness in either of your knees? (0=No; 1=Yes, Left; 2=Yes, Right; 3=Yes, Both; 9=Unknown)	
HANDS - NOW I AM GOING TO ASK YOU SOME QUESTIONS ABOUT YOUR HANDS. EACH QUESTION ASKS ABOUT SYMPTOMS DIFFERENTLY.	CH
On most days do you have pain, aching or stiffness in the joints of your hands or wrists?  (0=No; 1=Yes,Left; 2=Yes,Right; 3=Yes,Both; 9=Unknown)	
If yes, is the pain, aching, or stiffness - mild, moderate or severe?  (0=None, 1=Mild, 2=Moderate, 3=Severe, 8=N/A, 9=Unknown)  (	
In the past month have you had any pain, aching or stiffness in the joints of your hands or wri	ists

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#### Arthritis History- Part B

|0|4|8| FORM NUMBER

9=Unknown) Specify

BACK - NOW I AM GOING TO ASK YOU SOME QUES QUESTION ASKS ABOUT SYMPTOMS DIFFERENT		
Your life? (0=No, 1=Yes,2=Don't Remember, 9=Unl	e persistent or troublesome to you anytime i	in
If yes, at what ages was your pain troublesome?		
Po 630   CHILDHOOD	0=No	
(—)	1=Yes	
(2063)  _  TEENAGE YEARS	2=Don't Remember 8=N/A	
$f_0 = 32 \mid = \mid 20 \text{ TO} < 40 \text{ YEARS}$	9=Unknown	
Q 633  _  40-65 YEARS		
f0634  _  > 65 YEARS		
O(034   On most days do you have pain, aching, or stiffness in (0=No; 1=Yes, Mild; 2=Yes, Moderate; 3=Yes, Severe;	your back (excluding your neck)? 9=Unk)	
During the past year have you had an episode of pain, your neck)?How long has it lasted? (0=No, 1=Yes, Lethan 4 weeks; 9=Unknown)		
60637 Has a doctor ever told you that you had any of the fo	llowing? (0=No, 1=Yes, 9=Unkn)	
C 638		
O O O O O O O O O O O O O O O O O O O	E ARTHRITIS) 0=No 1=Yes	
657   RHEUMATIOD ARTHRITIS	8=N/A	
Colfo   ARTHRITIS, NOT SURE WHAT TYPE	9=Unknown	
2064/ 1_1 GOUT		
20. 文编基数:10. 10. 10. 10. 10. 10. 10. 10. 10. 10.		
OVA     OTHER (write-in)	<del>- 1 - 1 - 1</del>	
0643		
Do you take medication daily for your joint pain, achi	ng or stiffness? (0=No, 1=Yes, 9=Unknown	n)
FOOT If yes, what is the name of the medication? (1=D	rug Named, 2=Drug Name Not Known, 8=N/A	٠.

INTERVIEW

## Arthritis History -- Part C

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|0|4|9| FORM NUMBER

Po61\_1

On most days, do you have pain, aching or stiffness in any of your joints? (0=No, 1=Yes, 9=Unknown) (If NO, skip to next page.) (If YES, to any question regarding pain, aching, or stiffness in knees, wrists, back please mark below.)

Please point to the circle where you have pain, aching or stiffness on most days

(Show picture) (0=None, 1=Yes, 8=N/A, 9=Unknown)

(Show picture) (0-None, 1-1es, 8-N/A, 9=Ohkhowh)					
Location	Right	Left	Location		
Shoulders	fo6461_1	PO64121	Neck	PO648_1	
Elbows	F0649_1	A06501	Upper back	F06511_1	
Hips	FO 65721	FU6F3	Mid-back	fo 651 <u>4</u> 1	
Wrists	PO 675	A 6154	Lower back	FO6STZ1	
Knees	B6181	to.459			
Ankles	Po 6169	fo 661/1			

		Left Hand			Right Hand	
Location	Тор	Mid	Knuckle	Top	Mid	Knuckle
Pinkie	8662	F0/663	Pa 664	P01665	Po 1646	RO 667
Ring	B1648	PO 469	PO16710	A01671	P9672	Pa673
Middle	fo1674	fo 16715	Fa 678	PO1677	F01673	FO1679
Index	FO 1680	fo 681	F9682	F9683	PO168\$	PO 685
Thumb	fa 686	FO 6817	PO 688	Pa 689	PO1690	PO1691

Base of toes	Left	Right
Toe 5	€ 6924	Po 6931
Toe 4	Co 1694	PO 6951
Toe 3	F01696	PO 497
Toe 2	Po 6198	F06991
Big toe	PO 1700	Po 1701

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**EXAM 22** ID type/ID~ Last Name~, First Name~

(SCREEN ZZ)

**VERSION 01/08/92** 

#### Osteoarthritis --Physical Exam

0 5 0 FORM NUMBER

Codes: 0=Normal, 1=Bony enlargement, 9=Unknown

	Right Hand		Left	Hand
Location	DIP	PIP	DIP	PIP
Pinkie	PO 11.02	6703	PO 1794	fo 1705
Ring	fo 170 5	fo 7017	fo 1798	fo1709
Middle	fo 17.10	AITH B	fo n/a	PO 713
Index	8012114	PO1715	fo716	fo 1717
Thumb	IP	CMC	IP	СМС
	· Rens	PO1718	FO 120	6017AI

COMMENTS (e.g.) R.A. noted at MCP joints

CREPITUS CODES (0=Absent, 1=Moderate, 2=Severe, 9=Unknown)

LEFT KNEE

|\_| RIGHT KNEE

10722

f0723

X-RAY QUALITY QUESTIONS: DID SUBJECT HAVE:..... Code: (0=No; 1=Yes, right; 2=Yes, left; 3=Yes, both; 9=Unknown)

KNEE REPLACEMENT | HIP REPLACEMENT

FOR

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Sefault Wal-PRODUCED WILLIAMS

Value Con barro

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# Framingham Heart Study Lab Data

Id: Exam Date

FO73 Total Cholesterol (mg/dL)

F0732 HDL Cholesterol (mg/dL)

Cholesterol to HDL Ratio

F0734 Fibrinogen mg/dL

F0733 Glucose (mg/dL)

#### Interpretation:

Total Cholesterol Level (mg/dL) Heart Disease Risk

under 200

200 - 240

over 240

Low

Average

Above average

Cholesterol to HDL Ratio:

Good

under 4.5

Ideal

under 3.5

Cholesterols are frequently higher in older patients

The 10% - 90% range for fibrinogen values is 251 - 431 (mg/dL)

The normal range for non-fasting glucose values is between 50 and 200 mg/dL.